

XXVIII

Congress
of Pediatricians of Russia
with international participation



The Union
of Pediatricians
of Russia

CURRENT ISSUES OF PEDIATRICS

13-15 February 2026
Moscow

SCIENTIFIC PROGRAM

Decade of Childhood
in the Russian Federation
2018-2027



www.congress-pediatr-russia.ru

XXVII Congress of Pediatricians of Russia

with international participation

“CURRENT ISSUES OF PEDIATRICS”

As part of the Congress, the following events will take place:

**Russian Meeting of Heads of Executive Authorities
of the Constituent Entities of the Russian Federation
in the Field of Health Care**

**International Forum
“Pediatricians of the World — for the Health, Development
and Well-Being of Children”**

I Russian-Serbian Symposium

II Russian Conference “Clinical Pharmacology in Pediatrics”

III Russian-Arab Forum of Pediatricians

**III Young Scientists’ Conference
of the Division of Clinical Medicine of the Russian Academy of Sciences
with International Participation**

IV Meeting of Pediatric Audiologists, ENT Specialists, and Pediatricians

V Russian-Chinese Symposium

V Congress of Pediatricians of Eastern Europe and Central Asia

V Russian Vaccination Assembly “Protecting Generations”

**VI Russian Conference with International Participation
“Priorities and Objectives for the Development of Social Pediatrics”
held jointly with the IV Scientific and Practical Conference
“Autism. Physicians, Patients, and Parents:
Together in the Interests of People with ASD”**

VI Forum for Parents of Pediatric Patients

**VII Summit of Healthcare Professionals and Health System Administrators
“Nutritional Components of Health Programming”**

VII Russian Conference of Pediatric Dermatologists

XV Eurasian Forum on Rare Diseases

XVI Forum of Pediatric Nurses

**XIX International Forum of Pediatric Surgeons,
Urologists-Andrologists, and Orthopedic Trauma Specialists**

KEY TOPICS OF THE CONGRESS

- Implementation of Presidential Decree of the Russian Federation No. 240 dated May 29, 2017, “On Declaring the Decade of Childhood in the Russian Federation.”
- Implementation of the National Project “Family” (2025–2030).
- Primary healthcare for the pediatric population: challenges and solutions.
- Artificial intelligence in pediatrics.
- Scientific and practical aspects of pediatric development.
- Social pediatrics.
- Quality of healthcare provided to children.
- Healthcare delivery to children in educational institutions.
- Pediatric nutrition: specific features and current issues.
- Immunoprophylaxis in pediatrics, including family immunization.
- Perinatal medicine. Neonatal surgery. Vaccination of preterm infants.
- Emergency conditions in pediatrics and pediatric surgery.
- Current issues in pediatric dermatology, pediatric surgery and orthopedic traumatology, pediatric allergology and immunology.
- Issues of childhood disability: prevention and patient rehabilitation.
- Rare diseases in pediatric practice.
- Pediatric education: challenges and solutions.
- The role of nurses in the delivery of healthcare to children.
- International cooperation in child healthcare: International Forum “Pediatricians of the World – for the Health, Development, and Well-being of Children.”
- History of Russian pediatrics.
- Current issues in volunteering in pediatrics.

ORGANIZERS

- Ministry of Health of the Russian Federation
- Ministry of Science and Higher Education of the Russian Federation
- Ministry of Education of the Russian Federation
- Federal Service for Surveillance in Healthcare
- Federal Service for Surveillance on Consumer Rights Protection and Human Wellbeing
- Federal Compulsory Medical Insurance Fund
- Russian Academy of Sciences
- Russian Academy of Education
- Moscow Department of Health
- Union of Pediatricians of Russia
- European Paediatric Association / Union of National European Paediatric Societies and Associations (EPA/UNEPSA)
- International Pediatric Association (IPA)
- Pediatrics and Child Health Research Institute of Petrovsky National Research Centre of Surgery, Moscow
- Pirogov Russian National Research Medical University, Moscow
- Shenzhen MSU-BIT University, China,
- and 23 professional associations, 14 universities, and 27 research centers, research institutes, and National Medical Research Centers.

ORGANIZING COMMITTEE

Chairman

Evgeniya

Kotova

— Deputy Minister of Health of the Russian Federation

Co-chairman

Rafael

Shavaliyev

— Director of the Department of Medical Care for Children, Maternity Services and Public Health, Ministry of Health of the Russian Federation

Co-chairman

Leyla

Namazova-Baranova

— President of the Union of Pediatricians of Russia;
Head of the Department of Faculty Pediatrics, Institute of Motherhood and Childhood, Pirogov Russian National Research Medical University, Ministry of Health of the Russian Federation;
Head of the Pediatrics and Child Health Research Institute of Petrovsky National Research Centre of Surgery of the Ministry of Science and Higher Education of the Russian Federation;
Professor at Shenzhen MSU-BIT University;
Chief External Pediatric Specialist in Preventive Medicine of the Ministry of Health of the Russian Federation

FOREIGN MEMBERS OF THE SCIENTIFIC COMMITTEE

Abu-Libdeh A. (Palestine)	Milosevic K. (Serbia)
Akhmedova D. (Uzbekistan)	Mortada H. (Egypt)
Al-Iessa K. (Iraq)	Namazova-Baranova L. (China)
Alzir R. (UAE)	Neopane A. (Nepal)
Bajcetic M. (Serbia)	Romanova O. (Belarus)
Bista K. (Nepal)	Sargsyan S. (Armenia)
Dzhambekova G. (Uzbekistan)	Shamsov B. (Tajikistan)
Fan X. (China)	Shtarev D. (China)
Fang H. (China)	Soto-Martínez M. (Costa Rica)
Idlbi S. (Syria)	Thacker N. (India)
Jafarova S. (Azerbaijan)	Vojinovic J. (Serbia)
Kalmykov P. (China)	Zhang C. (China)

RUSSIAN SPEAKERS IN SYMPOSIA WITH INTERNATIONAL PARTICIPATION

Albitsky V.	Kostik M.	Shakirova A.
Balandina O.	Kovtun O.	Shchurova O.
Baranov A.	Kuznetsova A.	Shilko N.
Boboshko I.	Levina J.	Shishova A.
Bulgakova V.	Lobzova A.	Simakhodsky A.
Chashchin M.	Molkova L.	Surkov A.
Chizhova T.	Motovilov D.	Turdieva A.
Efendieva K.	Namazova-Baranova L.	Ustinova N.
Ivanova I.	Plutnitsky A.	Ustiuzhanina M.
Kalugina V.	Salagay O.	Vaganov N.
Karkashadze G.	Salakhov E.	Valieva S.
Khomyakov E.	Samoilova O.	Zhdanova L.
Kim A.	Selimzianova L.	

GENERAL INFORMATION

TIME AND VENUE OF THE CONGRESS

The scientific part of the Congress:

February 13–15, 2026, 9:00–18:00

Venue: World Trade Center (Congress Center), Moscow, 12
Krasnopresnenskaya Embankment, Entrance 4.

During the Opening Ceremony of the Congress — **February 13, 2026, at 6:00 PM** — the results of the following competitions will be announced:

- “Pediatrician of the Year 2025”
- “Pediatric Nurse of the Year 2025”
- “Pediatric Healthcare Organization of the Year 2025”
- “Higher Education Institution in Pediatrics of the Year 2025”
- “Vocational Educational Institution in Pediatrics of the Year 2025”
- “Best Literary and Historical Essay on the History of Russian Pediatrics”

During the ceremony, the awards of the Union of Pediatricians of Russia will also be presented:

- Medal “For Outstanding Contributions to Child Health Protection” (Georgy Speransky Medal);
- Medal “For Outstanding Achievements in Saving Children’s Lives” (Nil Filatov Medal);
- Certificate “For Merits in Protecting the Health of Children in Russia”;
- Certificates awarded to the most active patient organizations and foundations supporting children and their families.

Venue: World Trade Center (Congress Center), Moscow, 12
Krasnopresnenskaya Embankment, Entrance 4, Congress Hall 1

During the Closing Ceremony of the Congress — **February 15, 2026, at 4:00 PM** — the results of the Young Scientists’ Research Competition will be announced.

Venue: World Trade Center (Congress Center), Moscow, 12
Krasnopresnenskaya Embankment, Entrance 4, Congress Hall 1

PARTICIPANTS REGISTRATION

13 February 2026, 7:30–18:00

14 February 2026, 8:00–17:00

15 February 2026, 8:00–16:00

World Trade Center, 1st Floor, Registration Desks

CME

The scientific program of the XXVII Congress of Pediatricians of Russia is accredited by the Coordinating Council for Continuing Medical and Pharmaceutical Education of the Ministry of Health of the Russian Federation. Congress participants may receive a Certificate awarding 12 CME credits upon completion of the program.

ONLINE BROADCASTS

The Congress symposia will be broadcast online at congress-pediatr-russia.ru.

CONGRESS LANGUAGE

The official language of the Congress is Russian.
Symposia with international participation will be conducted in English or with simultaneous interpretation.

Scientific program

13 February, 2026

	Congress Hall No. 1	Congress Hall No. 2	Congress Hall No. 3	Amphitheatre Hall	Press Hall
9:00–9:45	PLENARY SESSION I The Ecosystem of Child Health as the Foundation of Russia's Prosperity				
9:45–10:30					
10:30–10:45	B R E A K				
10:45–11:30	PLENARY SESSION II Russian Meeting of Heads of Executive Authorities of the Constituent Entities of the Russian Federation in the Field of Health Protection	SYMPOSIUM # The Art of Seeing the Child: from Theory to Practice	SYMPOSIUM # Expert Dialogue. The First Year of Life — Lactose in Focus: Misconceptions, Mistakes, Investigations	SYMPOSIUM Strategy for Managing Hypercholesterolemia in Children: Screening, Tactics, Innovations (presentations #)	SYMPOSIUM # Shield of Health for Future Generations: the First Domestic HPV Vaccine
11:30–12:15					
12:15–12:45	B R E A K				
12:45–13:30	PLENARY SESSION III Meeting of the Chief External Experts of the Ministry of Health of the Russian Federation and Deputy Ministers of Health Responsible for Child Health Policy. Innovations in Pediatric Healthcare: from Policy to Practice	SYMPOSIUM # Innovative Technologies in the Treatment of Mucopolysaccharidosis Type II	SYMPOSIUM # Nature Makes the Great a Gift, or Natural Nutrients of Children's Nutrition	SYMPOSIUM Therapy Strategy for Infectious and Allergic Diseases of the Upper Respiratory Tract in Children (presentations #)	SYMPOSIUM # Protection of Children Against Meningococcal Infection: Modern Approaches to Vaccination and Implementation into Practice
13:30–14:15				SYMPOSIUM Topical Issues of Cough Therapy in Pediatric Practice (presentations #)	
14:15–14:30	B R E A K				
14:30–15:15	PLENARY SESSION IV Meeting of the Pediatrics Commission of the Scientific Council for Pediatrics of the Division of Clinical Medicine of the Russian Academy of Sciences and the Coordinating Council of the Russian Academy of Sciences and the Russian Academy of Education. New Scientific Data on the Preservation and Strengthening of the Somatic, Cognitive and Mental Health of Children — Consolidated Work of Physicians, Teachers and Psychologists	SYMPOSIUM # Not Rare Children in a Pediatrician's Practice	SYMPOSIUM # The Lipid Code: How Does the Brain Learn?	SYMPOSIUM Community-Acquired Pneumonia in Children: Clinical Guidelines and Real Practice	SYMPOSIUM # RSV Immunization of Children with Risk Factors in the Russian Federation
15:15–16:00			SYMPOSIUM # Complementary Feeding. New Trends and Approaches. Are You Ready for Change?!		
16:00–16:15	B R E A K				
16:15–17:00	PLENARY SESSION V Healthy Longevity Begins in Childhood	SYMPOSIUM # Modern Approaches to Diagnostics, Possibilities of Prevention and Therapy of Rare Diseases	SYMPOSIUM # Therapeutic Nutrition at an Outpatient Visit and Not Only: Practical Solutions for the Pediatrician	SYMPOSIUM An Immunologist's Opinion — What Is Wrong in Your Complete Blood Count? (in memory of Corresponding Member of the Russian Academy of Medical Sciences N.S. Kislyak, on the 100th anniversary of birth, and Professor E.B. Vladimirskaia, on the 90th anniversary of birth)	SYMPOSIUM # Evolution of Pneumococcal Infection in the Era of Pneumococcal Vaccines
17:00–17:45					
18:00	OPENING CEREMONY				

Scientific program

13 February, 2026

Valdai Hall	Amur Hall	Volga Hall	Yenisei Hall	Ladoga Hall	Onega Hall
BREAK					
SYMPOSIUM # Treat. Control. Breathe. Early Start and Long-Term Asthma Control	SYMPOSIUM # Mother's Frequent Complaints about an Infant During a Pediatric Visit. Working Through Clinical Cases	SYMPOSIUM From the First Visit to a Cardiology Diagnosis: the Role of the Pediatrician	SYMPOSIUM Diagnosis of Nutritional Disorders in Children: New Challenges and Complex Clinical Cases SYMPOSIUM Obesity and Neuropsychological Development of Children	SYMPOSIUM Origins, Establishment, Development of Social Pediatrics	SYMPOSIUM # A Practical Approach to the Treatment of Acute Respiratory Viral Infections in Children. Expert Dialogue
BREAK					
SYMPOSIUM # T2 Master Class: Solutions for Complex Patients in an Interactive Format	SYMPOSIUM # Microbiota and Child Development: Understanding the Relationship	SYMPOSIUM A Note for the Pediatrician: from Common to Rare Pathologies (presentation #)	SYMPOSIUM Pediatric Obesity: Family Alliance, Clinical Solutions and New Therapeutic Models (presentation #)	SYMPOSIUM Early Detection of Autism Spectrum Disorders — a Condition for Effective Early Intervention	SESSION FOR YOUNG SCIENTISTS Competition of Scientific Works
BREAK					
SYMPOSIUM # Navigation in the Therapy of Allergic Diseases: Choosing a New Strategy, Coordinating. Interactive Discussion	SYMPOSIUM # Child Digestion under Control: from Constipation Correction to Replacement Therapy	SYMPOSIUM Topical Issues of Pediatric Gastroenterology and Abdominal Surgery	SYMPOSIUM Nutrition in the Complex Therapy of Childhood Obesity (presentation #)	SYMPOSIUM Modern Psychiatry: Help, Support, Destigmatization	III Conference of Young Scientists of the Division of Medical Sciences of the Russian Academy of Sciences with international participation Communication is a Key Skill of a Physician and a Scientist
SYMPOSIUM # Allergy 2.0: the Era of Personalized Diagnostics	SYMPOSIUM # Acute Diarrhea in Children. Experts' View on the Problem and Its Solution				SESSION FOR YOUNG SCIENTISTS Competition of Scientific Works
BREAK					
SYMPOSIUM # Respiratory Season 2026: from Clinical Recommendations to an Interactive Marathon of Clinical Cases	SYMPOSIUM Nutrition Disorders in Children — the Best World and Domestic Practices for Solving the Problems of the 21st Century (presentation #) SYMPOSIUM # Microbiome and Immunity: a New Paradigm of Prevention of Infectious Diseases	SYMPOSIUM # Expert Dialogue. Treatment of Influenza in Children: What's New? SYMPOSIUM # Etiotropic Therapy of Respiratory Infections. New Possibilities	SYMPOSIUM Digital Technologies in the Medical Education of Pediatricians: Competencies, Tools, Solutions	PLENARY SESSION Autism. Doctors, Patients, Parents: Together in the Interests of People with ASD	SESSION FOR YOUNG SCIENTISTS Competition of Scientific Works
OPENING CEREMONY					

— The symposium or lecture is not included in the CME.

III Young Scientists' Conference of the Division of Clinical Medicine of the Russian Academy of Sciences with International Participation

VI Russian Conference with International Participation "Priorities and Objectives for the Development of Social Pediatrics" held jointly with the IV Scientific and Practical Conference "Autism. Physicians, Patients, and Parents: Together in the Interests of People with ASD"

Scientific program

14 February, 2026

	Congress Hall No. 1	Congress Hall No. 2	Congress Hall No. 3	Amphitheatre Hall	Press Hall
9:00–9:45	SYMPOSIUM # A New Chapter in the Study of Type 1 Diabetes: A Course Toward Early Diagnosis	SYMPOSIUM # The Best Regional Practices. Rare Diseases in the Focus of the Pediatrician's Attention	SYMPOSIUM # Topical Issues of Micronutrient Sufficiency in Childhood: Correction Strategies and Regional Monitoring	SYMPOSIUM Grand Clinical Round (Clinical Case Review), Medical Detective, Episode 1 (in memory of Professor V.K. Tatochenko, on the 95th anniversary of his birth)	I RUSSIAN-SERBIAN SYMPOSIUM Immune-Mediated Diseases in Children: Bridging Science and Clinical Care
9:45–10:30		SYMPOSIUM # Toxins and the Voluntary Recall of Infant Formula: Answers to Questions That Concern Everyone			
10:30–10:45	BREAK				
10:45–11:30	SYMPOSIUM # What Children with Atopic Dermatitis Keep Silent About	SYMPOSIUM # A Mosaic of Questions in the Field of Rare Disease Pathology	SYMPOSIUM # Psychological Aspects of Artificial Feeding	SYMPOSIUM Grand Clinical Round (Clinical Case Review), These Not-So-Easy Lungs (in memory of Professor V.K. Tatochenko, on the 95th anniversary of his birth)	V RUSSIAN-CHINESE SYMPOSIUM (in cooperation with Shenzhen MSU-BIT University) Artificial Intelligence in Pediatrics. Part 1
11:30–12:15					
12:15–12:45	BREAK				
12:45–13:30	SYMPOSIUM Features of a Child's Skin: From Infancy to the Challenges of Puberty	SYMPOSIUM # Achondroplasia in Children: Short Stature Is Only the Tip of the Iceberg	SYMPOSIUM # Psychological Aspects of Functional Digestive Disorders: A New Look at a Familiar Topic	SYMPOSIUM Grand Clinical Round (Clinical Case Review), Not-So-Childish Diseases in Children (in memory of Professor V.K. Tatochenko, on the 95th anniversary of his birth)	V RUSSIAN-CHINESE SYMPOSIUM (in cooperation with Shenzhen MSU-BIT University) Artificial Intelligence in Pediatrics. Part 2
13:30–14:15		SYMPOSIUM Rare Diseases in the Pediatrician's Practice (presentations #)			
14:15–14:30	BREAK				
14:30–15:15	SYMPOSIUM # Into the Pediatrician's Notebook: Dermatocosmetic Products in Medical Practice	SYMPOSIUM # Immunodeficiencies — A Modern View of the Problem	SYMPOSIUM # Health Begins with Micronutrients: An Interdisciplinary View of Early Childhood	SYMPOSIUM Grand Clinical Round (Clinical Case Review), Medical Detective, Episode 2 (in memory of Professor V.K. Tatochenko, on the 95th anniversary of his birth)	International Forum "Pediatricians of the World — for the Health, Development and Well-Being of Children" jointly with the III Russian-Arab Forum of Pediatricians
15:15–16:00		SYMPOSIUM # A Rare Patient at a Pediatrician's Appointment			
16:00–16:15	BREAK				
16:15–17:00	SYMPOSIUM # An Interview with an Expert: Breaking Stereotypes About Type 2 Skin Diseases	SYMPOSIUM # In the Rhythm of Change: A Review of Regulatory Documents on Cystic Fibrosis	SYMPOSIUM # Nutritional Insufficiency: Comorbidity Determinants of Successful Clinical Strategies	SYMPOSIUM Grand Clinical Round (Clinical Case Review), Medical Detective, Episode 3 (in memory of Professor V.K. Tatochenko, on the 95th anniversary of his birth)	SYMPOSIUM # Changing the Trajectory of Respiratory Tract Diseases in Children: What Can Medicine Do Today?
17:00–17:45	SYMPOSIUM # Challenges and Prospects of Topical Therapy for Atopic Dermatitis				

Scientific program

14 February, 2026

Valdai Hall	Amur Hall	Volga Hall	Yenisei Hall	Ladoga Hall	Onega Hall
SYMPOSIUM # A Case of Severe Bronchial Asthma: Revealing the Secrets of Therapy	SYMPOSIUM ABC of Rheumatology for Pediatricians	ROUND TABLE Medical Care for Patients with Congenital Heart Defects — A Road the Length of a Lifetime (in memory of Corresponding Member of the RAS A.A. Namazova, on the 100th anniversary of her birth)	SYMPOSIUM Health, Development, Participation: Modern Architecture for Organizing Medical Care for Children (in memory of Professor V.A. Doskin, on the 85th anniversary of his birth)	SYMPOSIUM # Uniting Efforts Against RSV Infection: From Monitoring to Universal Immunization Programs	PLENARY SESSION General Issues of Clinical Pharmacology in Pediatrics
BREAK					
SYMPOSIUM # From Adaptation to Integration: A Comprehensive View of Child Health	SYMPOSIUM Secrets of Diagnosing Rheumatic Diseases in Children	SYMPOSIUM # Multicomponent Drugs with Multi-Target Action in Pediatrics: Finding the Balance Between Efficacy and Safety for the Most Important Patients	SYMPOSIUM # The Path to the Castle of Health: Strategies for Strengthening Immunity	SYMPOSIUM # Protecting the Future: Modern Risk-Management Strategies in Vaccine Prevention	SYMPOSIUM Organization of a Clinical Pharmacology Service in a Pediatric Inpatient Facility
BREAK					
SYMPOSIUM # Allergic Rhinitis and Cough in Pediatrics: Unresolved Questions and Modern Answers	SYMPOSIUM Emergency Conditions in Pediatric Rheumatology — When a Timely Diagnosis Determines Life Prognosis	SYMPOSIUM Topical Issues of Pediatric Cardiology: From Hypertension to Myocardial Ischemia	SYMPOSIUM # Modern Therapeutic Strategy for Acute Respiratory Infections: From Symptoms to the Cause. The Role of Trained Immunity	SYMPOSIUM # Optimizing the Vaccination Schedule: Multicomponent Solutions in Pediatrics	SYMPOSIUM Infections in Pediatrics: What's New
SYMPOSIUM # Allergy Under Control: The Mission of AIT					
BREAK					
SYMPOSIUM # Nutrition of Young Children: Scientific Contradictions and Practical Recommendations	SYMPOSIUM Discussion Aspects of Pediatric Rheumatology	SYMPOSIUM Sports Cardiology in Pediatrics	SYMPOSIUM # Architecture of Healthy Childhood: A New View of the Problem of Children with Recurrent Respiratory Infections	SYMPOSIUM # Regions and Their Immunization Strategies: Successful Practices and Innovative Approaches	SYMPOSIUM Modern Drug Technologies, Problems of Efficacy and Safety
BREAK					
V Congress of Pediatricians of Eastern Europe and Central Asia The Best Regional Practices in the Field of Protecting Children's Health and Preventing Infectious Diseases	SYMPOSIUM Osteitis and Osteopathy in the Focus of Pathogenesis and Potential Targets for Pharmacotherapy — Lessons from Pediatric Rheumatology	SYMPOSIUM Topical Issues of Pediatric Cardiology: Heart Rhythm Disorders, Heart Failure, Syncope (in memory of Professor V.I. Tambovtseva, on the 95th anniversary of birth)	SYMPOSIUM # Topical Issues of Pediatrics	SYMPOSIUM # Meningococcus and Pneumococcus. How to Protect What Is Most Precious	SYMPOSIUM Pharmacovigilance in Pediatrics and Perinatology

— The symposium or lecture is not included in the CME.
 International Forum "Pediatricians of the World — for the Health, Development and Well-Being of Children"
 I Russian-Serbian Symposium
 V Congress of Pediatricians of Eastern Europe and Central Asia
 V Russian-Chinese Symposium

Scientific program

15 February, 2026

	Congress Hall No. 1	Congress Hall No. 2	Congress Hall No. 3	Amphitheatre Hall	Press Hall	A Hall
9:00–9:45	SYMPOSIUM “May Children Never Die!...” (in memory of Academician V.A. Tabolin, on the 100th anniversary of his birth)	SYMPOSIUM Rare Diseases Kaleidoscope (presentation #)	SYMPOSIUM Pediatric Gastroenterology: Comprehensive Management of Children with Gastrointestinal and Hepatobiliary Diseases	SYMPOSIUM Sleep Disorders in Pediatric Practice	SYMPOSIUM Medical Aspects of Autism Spectrum Disorders. Part 1	SYMPOSIUM Vaccination Prevention in the Practice of a Pediatric Nurse
9:45–10:30				SYMPOSIUM # From Selective Appetite to Anorexia — The Whole Spectrum of Eating Disorders		
10:30–10:45	B R E A K					
10:45–11:30	SYMPOSIUM A Premature Infant: a Task for the Day After Tomorrow (in memory of Academician V.A. Tabolin, on the 100th anniversary of his birth)	SYMPOSIUM Clinical Case Reviews. At the Appointment: a Rare Patient. Part 1 (presentation #)	SYMPOSIUM # Modern Strategies of Nutritional Support for Children of Early Age for the Prevention of Iodine Deficiency	SYMPOSIUM Neurocognitive Development and Children's Health	SYMPOSIUM Medical Aspects of Autism Spectrum Disorders. Part 2	SYMPOSIUM The Multifaceted Role of the Pediatric Nurse in Pediatrics
11:30–12:15			SYMPOSIUM Modern Approaches to Nutrition of Children and Adolescents (presentations #)			
12:15–12:45	B R E A K					
12:45–13:30	SYMPOSIUM Nutrition of an Early-Age Child: From Starter Natural Feeding to Managing the Microbiome and Health Programming (in memory of Academician V.A. Tabolin, on the 100th anniversary of his birth)	SYMPOSIUM Clinical Case Reviews. At the Appointment: A Rare Patient. Part 2	SYMPOSIUM The Foundation of Child Health: Micronutrients and Microbiota (presentation #)	SYMPOSIUM Topical Issues of Pediatric Neurology	SYMPOSIUM Help and Support for People with ASD Throughout Life	SYMPOSIUM New Horizons in the Professional Development of the Pediatric Nurse
13:30–14:15			SYMPOSIUM Scientific Publications in Medical Journals: Writing Correctly			
14:15–14:30	B R E A K					
14:30–15:15	SYMPOSIUM Emergency Neonatology and Urgent Pediatrics: From Pathophysiology to Diagnostics and Therapy (in memory of Academician V.A. Tabolin, on the 100th anniversary of his birth)	SYMPOSIUM The Voice of Patients	SYMPOSIUM Congenital Diseases of the Heart and Blood Vessels in Children	SYMPOSIUM Hardware Methods of Correction of Psychoneurological Disorders in Children	ROUND TABLE From Clinical Guidelines to Training: Interaction of Medicine and Education	SYMPOSIUM Vascular Pathology and Cardiac Surgery in Children
15:15–16:00						
16:00	C L O S I N G C E R E M O N Y					

Scientific program

15 February, 2026

Valdai Hall	Amur Hall	Volga Hall	Yenisei Hall	Ladoga Hall	Onega Hall	Virtual Hall
SYMPOSIUM # Biological Therapy — A New Era of Pediatric Allergy and Immunology? Discussion Issues	SYMPOSIUM # Personalized Strategy for Managing Patients with Acute Respiratory Viral Infections and Gastrointestinal Syndrome: Dialogue Between an Immunologist and a Pediatrician SYMPOSIUM Current Issues of Therapy of Respiratory Infections in Pediatric Practice (presentation #)	SYMPOSIUM Strategies for Managing Children with Infectious Diseases of the Respiratory Tract (in memory of Corresponding Member of the Russian Academy of Medical Sciences K.V. Orekhov, on the 90th anniversary of his birth) SYMPOSIUM # The Key to Successful Therapy of Acute Respiratory Viral Infections	SYMPOSIUM Interdisciplinary Aspects in Pediatrics	SYMPOSIUM Best Regional Practices. RSV Infection and Its Prevention SYMPOSIUM Topical Issues of Vaccine Prevention of Infectious Diseases (in memory of Academician of the Academy of Medical Sciences of the USSR and the Russian Academy of Medical Sciences N.I. Nisevich, on the 115th anniversary of her birth)	SYMPOSIUM Topical Issues of Medical Rehabilitation in Pediatrics	SYMPOSIUM Parents and Pediatricians: Allies in Preserving Child Health
BREAK						
SYMPOSIUM # Atopic Dermatitis: An Interdisciplinary Consensus in the Search for Innovations	SYMPOSIUM # Inflammatory Diseases of the Respiratory Tract in Children of Different Age Groups SYMPOSIUM Modern Approaches to the Management of Children with Respiratory Infections (presentations #)	SYMPOSIUM Pediatric Nephrology: From Simple to Complex (in memory of Professor A.V. Papayan, on the 90th anniversary of his birth) (presentation #)	SYMPOSIUM # Clinical Recommendations for Acute Respiratory Viral Infections and Influenza in Children: From Theory to Practice	SYMPOSIUM Topical Issues of Pediatric Oncology and Hematology in the Russian Federation SYMPOSIUM An Eternal Problem — Lymphadenopathy	SYMPOSIUM Rehabilitation of Hearing Loss Using Cochlear Implantation — 35 Years in Russia. Pediatric Aspects (presentation #)	SYMPOSIUM How to Preserve Harmonious Development in the Modern World SYMPOSIUM School for Parents: Analyzing the Child's Blood Tests
BREAK						
SYMPOSIUM Effective Management of Allergic Respiratory Diseases in Children: Toward a Personalized Approach (presentations #)	SYMPOSIUM Respiratory Medicine in Clinical Case Examples: A Multidisciplinary Case Conference (presentation #)	SYMPOSIUM Modern Approaches to Managing Children with Chronic Kidney Disease	SYMPOSIUM # Integrative Approach to the Therapy of Acute Respiratory Viral Infections in Children	SYMPOSIUM Is This to a Pediatric Oncologist or?..	SYMPOSIUM Hearing Loss in a Child. What a Pediatrician Needs to Know	SYMPOSIUM Crisis Situations in Pediatric Practice: Communication Skills with Family and Adolescent SYMPOSIUM Mediation in Healthcare: Legal, Ethical and Organizational Aspects
BREAK						
SYMPOSIUM Topical Issues of Pediatric Allergology	SYMPOSIUM Multidisciplinary Aspects of Managing Children with Hypertrophy of Adenoids: Analysis of Clinical Cases	SYMPOSIUM Neonatal Nephrology — State, Achievements and Prospects	SYMPOSIUM Modern Challenges in Pediatric Gastroenterology	SYMPOSIUM Topical Issues of Pediatric Urology and Andrology	SYMPOSIUM Trends in Pediatric Dentistry	
CLOSING CEREMONY						

— The symposium or lecture is not included in the CME.

Scientific program

LADOGA HALL

VI RUSSIAN CONFERENCE WITH INTERNATIONAL PARTICIPATION “PRIORITIES AND OBJECTIVES FOR THE DEVELOPMENT OF SOCIAL PEDIATRICS” HELD JOINTLY WITH THE IV SCIENTIFIC AND PRACTICAL CONFERENCE “AUTISM. PHYSICIANS, PATIENTS, AND PARENTS: TOGETHER IN THE INTERESTS OF PEOPLE WITH ASD”

SYMPOSIUM

13 February, 2026

Origins, Establishment, and Development of Social Pediatrics

10:45–12:15

Ladoga Hall

Chairs: Alexander Baranov, Valery Albitsky, Natalia Ustinova (Moscow, Russia)

The Soviet System of Child Health Care: Origins, Achievements, and Lessons

Valery Albitsky (Moscow, Russia)

15 min

Economic and Social-Medical Regulation as a Path to Strengthening Children’s Health

Anatoly Simakhodsky (Saint Petersburg, Russia)

15 min

Current Issues in Pediatrics from the Perspective of Patient Safety in Child Healthcare

Nikolay Vaganov (Moscow, Russia)

15 min

Continuity of Medical Care for Adolescents and Young Adults: Does It Exist?

Andrey Kim, O. Samoilova, D. Motovilov (Saint Petersburg, Russia)

15 min

**Validation of the Nepali Version of the ASQ Questionnaire in Young Patients
and Future Directions for Suicide Prevention among Nepalese Children**

Krishna Prasad Bista (Kathmandu, Nepal)

15 min

**The Role of Medical and Social Care Units of Children’s Outpatient Clinics
in Improving the Effectiveness of Preventive Health Examinations
of the Pediatric Population**

Irina Boboshko, A. Shishova, L. Molkova (Ivanovo, Russia)

10 min

Discussion

5 min

Early Detection of Autism Spectrum Disorders — a Condition for Effective Early Intervention

12:45–14:15

Ladoga Hall

Chairs: Lyudmila Zhdanova, Natalia Ustinova, Olga Shchurova (Moscow, Russia)

Organizational Models for Early Detection of Autism Spectrum Disorders: Examples from the Regions of the Volga Federal District

Oksana Balandina (Nizhny Novgorod, Russia)

15 min

Referral Pathways for Children with Suspected Autism Spectrum Disorders in the Chelyabinsk Region

Tatyana Chizhova (Chelyabinsk, Russia)

10 min

Analysis of Pediatricians' Awareness of Autism Spectrum Disorder Diagnosis Based on a Study Conducted in Bishkek

Alexandra Lobzova, A. Turdieva (Kaliningrad, Russia), A. Dzhanan (Bishkek, Kyrgyzstan)

15 min

Child Mental Health Issues in the Focus of Pediatric Practice:

What the New Regulatory Framework Addresses

Lyudmila Zhdanova, I. Ivanova, I. Boboshko (Ivanovo, Russia)

10 min

Autism Spectrum Disorder: A Pediatrician's Approach to Genetics and Early Intervention

Khalaf Al-Iessa (Erbil, Iraq)

15 min

Practical Application of Diagnostic Tools in Neurodevelopmental Disorders

Georgy Karkashadze, N. Ustinova (Moscow, Russia)

10 min

Discussion

15 min

Scientific program

ONEGA HALL

III YOUNG SCIENTISTS' CONFERENCE OF THE DIVISION OF CLINICAL MEDICINE OF THE RUSSIAN ACADEMY OF SCIENCES WITH INTERNATIONAL PARTICIPATION

SYMPOSIUM

13 February, 2026

Communication as a Key Skill of Physicians and Scientists

14:30–15:15

Onega Hall

Chairs: Vera Kalugina, Andrey Surkov (Moscow, Russia)

Emotional Intelligence: Elevating Presentation Skills

Khalaf Al-Iessa (Erbil, Iraq)

20 min

Physician Communication Skills in the Era of Digitalization and Algorithmization

Evgeny Khomyakov (Moscow, Russia)

10 min

Clinical Thinking as the Driving Force in Managing Artificial Intelligence

Mikhail Chashchin (Moscow, Russia)

10 min

Discussion

5 min

Scientific program

PRESS HALL

I RUSSIAN-SERBIAN SYMPOSIUM

SYMPOSIUM

February 14, 2026

Immune-Mediated Diseases in Children: Bridging Science and Clinical Care

09:00–10:30

Press Hall

Chairs: Leyla Namazova-Baranova (Moscow, Russia), Michael Kostik (Saint Petersburg, Russia), Jelena Vojinovic (Nis, Serbia)

Early-Life Nutrition and the Development of Food Allergy: an Analysis of Russian National Cohort Data

Kamilla Efendieva, L. Namazova-Baranova (Moscow, Russia)

15 min

EULAR/ACR classification criteria for paediatric chronic nonbacterial osteomyelitis (CNO)

Jelena Vojinovic (Nis, Serbia)

15 min

Targeted Therapy in Pediatric Patients with Atopic Multimorbidity

Julia Levina (Moscow, Russia)

15 min

Asthma phenotypes in children

Katarina Milosevic (Belgrade, Serbia)

15 min

Lung involvement in pediatric rheumatic diseases

Michael Kostik, A. Kuznetsova (Saint Petersburg, Russia)

15 min

Rheumatic Masks of Malignant Diseases in Children: a 5-Year Experience

Saniya Valieva (Moscow, Russia)

15 min

Discussion

Scientific program

V RUSSIAN-CHINESE SYMPOSIUM

SYMPOSIUM

February 14, 2026

Artificial Intelligence in Pediatrics. Part 1 (in cooperation with Shenzhen MSU-BIT University)

10:45–12:15

Press Hall

Chairs: Dmitry Shtarev, Petr Kalmykov (Shenzhen, China), George Karkashadze (Moscow, Russia), Leyla Namazova-Baranova, Xiaoyi Fan (Shenzhen, China)

The Human Brain and Artificial Intelligence: Friends, Colleagues, or..?

Leyla Namazova-Baranova (Shenzhen, China)

10 min

Collaborative Healthcare Innovation: A Perspective from SMBU AI Research Institute

Xiaoyi Fan (Shenzhen, China)

30 min

Artificial Intelligence in Healthcare

George Karkashadze (Moscow, Russia)

20 min

Multimodal Intelligent Sensing in Healthcare

Cong Zhang (Shenzhen, China)

30 min

Discussion

SYMPOSIUM

February 14, 2026

Artificial Intelligence in Pediatrics. Part 2 (in cooperation with Shenzhen MSU-BIT University)

12:45–14:15

Press Hall

Chairs: Dmitry Shtarev, Petr Kalmykov (Shenzhen, China), George Karkashadze (Moscow, Russia), Huihua Fang, Cong Zhang (Shenzhen, China)

Neurocomputational Mechanism of Reciprocity: the Core and Periphery

Huihua Fang (Shenzhen, China)

30 min

Advancing Brain Morphometry with Artificial Intelligence

Nikita Shilko (Moscow, Russia)

20 min

Artificial Intelligence and Medicine: How Smart Technologies Help Pediatricians

Olga Kovtun, M. Ustiuzhanina, A. Shakirova (Ekaterinburg, Russia)

25 min

Artificial Intelligence in Allergology

Liliia Selimzianova, V. Bulgakova (Moscow, Russia)

15 min

Discussion

Scientific program

INTERNATIONAL FORUM “PEDIATRICIANS OF THE WORLD — FOR THE HEALTH, DEVELOPMENT AND WELL-BEING OF CHILDREN” JOINTLY WITH THE III RUSSIAN-ARAB FORUM OF PEDIATRICIANS

SYMPOSIUM

February 14, 2026

14:30–16:00

Press Hall

Chairs: Andrey Plutnitsky, Oleg Salagay, Leyla Namazova-Baranova,
Eduard Salakhov (Moscow, Russia), Naveen Thacker (Gandhidham, India)

Welcome address

*Naveen Thacker (Gandhidham, India), Leyla Namazova-Baranova,
Eduard Salakhov (Moscow, Russia)*

10 min

The Burden of Metabolic Dysfunction-Related Cancers in Egypt and Arab Countries

Hassan Mortada (Cairo, Egypt)

10 min

Mastering Medical Professionalism: Key to Quality Care

Khalaf Al-Iessa (Erbil, Iraq)

15 min

Health care of Pediatric & Adolescents in Palestine

Abdulsalam Abu-Libdeh (Jerusalem, Palestine)

10 min

Vitamin K₂: the Missing Nutrient for Syrian Children

Sahar Idlbi (Damascus, Syria)

10 min

Child Health & Best Practices: UAE Approach

Rola Alzir (Dubai, UAE)

15 min

Nepali Children in Transition: Health Challenges, System Responses, and the Road Ahead

Arun Kumar Neopane (Kathmandu, Nepal)

15 min

Discussion

5 min

Scientific program

VALDAI HALL

V CONGRESS OF PEDIATRICIANS OF EASTERN EUROPE AND CENTRAL ASIA

SYMPOSIUM

February 14, 2026

Best National Practices in Child Healthcare and Prevention of Infectious Diseases

16:15–17:45

Valdai Hall

Chairs: Oksana Romanova (Minsk, Belarus), Dilorom Akhmedova (Tashkent, Uzbekistan)

Prospects for the Development of the National Immunization Schedule in the Republic of Belarus

Oksana Romanova, N. Kolomiyets, V. Vysotskaya (Minsk, Belarus)

15 min

Clinical and Epidemiological Characteristics of Respiratory Infections in Children in Azerbaijan

Sabina Jafarova (Baku, Azerbaijan)

15 min

Achievements and Prospects of Immunoprophylaxis in the Republic of Uzbekistan

Dilorom Akhmedova, D. Tursunova (Tashkent, Uzbekistan)

15 min

Off-Label and Unregistered Drug Use in Pediatric Practice

Milica Bajcetic (Belgrade, Serbia)

15 min

Current Trends in Child and Adolescent Health in Armenia

Sergey Sargsyan (Yerevan, Armenia)

15 min

Pediatric Healthcare Services in the Republic of Tajikistan

Bakhtovar Shamsov, Z. Nabiev (Dushanbe, Tajikistan)

15 min

Discussion



Leyla Namazova-Baranova (Shenzhen, China)

MD, Professor, Academician of RAS
President of the Union of Pediatricians of Russia
Professor at Shenzhen MSU-BIT University
Head of the Department of Faculty Pediatrics, Institute of Motherhood and Childhood, Pirogov Russian National Research Medical University, Ministry of Health of the Russian Federation
Head of the Pediatrics and Child Health Research Institute of Petrovsky National Research Centre of Surgery of the Ministry of Science and Higher Education of the Russian Federation
Chief External Pediatric Specialist in Preventive Medicine of the Ministry of Health of the Russian Federation
Chairman of NITAG Russian Federation
Past-President and Council Member of the European Paediatric Association (EPA/UNEPSA)
Vice President of the Global Pediatric Pulmonology Alliance (GPPA)



Abdulsalam Abu-Libdeh (Jerusalem, Palestine)

MD
Assistant Professor Al-Quds University – School of Medicine
Assistant Professor at Hadassah University Hospital
MPA Consultant Pediatrician and Pediatric Endocrinologist
Vice president Pediatric Society Palestine
President of Palestinian Society for Endocrinology and Diabetes
Head of Pediatric Endocrinology Unit at department of Pediatrics Makassed Hospital
Hadassah University Hospital – Jerusalem



Khalaf Al-Iessa (Duhok, Kurdistan Region, Iraq)

MD, MBChB, DCH, CANP, FAPP, FRCPCH
President of Pediatricians Across Continents Education Academy
Professor of Pediatrics at University of Duhok



Dilorom Akhmedova (Tashkent, Uzbekistan)

MD, Professor
Professor of the Department of Hospital Pediatrics and Traditional Medicine, Tashkent State Medical Institute
Chief Pediatrician of the Ministry of Health of the Republic of Uzbekistan



Rola Alzir (Dubai, UAE)

Chair of scientific events at Emirates Paediatrics and Neonatal Society
Emirates Health Services
Arab Board in Neonatal – Perinatal Medicine
Arab Board in Paediatrics
Diploma degree in Hospital management
Consultant Neonatologist, Consultant Paediatrics
Associate Professor at University Hospital in Sharjah
EPNS chair of scientific events, faculty at neonatal service committee



Milica Bajcetic (Belgrade, Serbia)

MD, PhD, Full Professor of Pharmacology, Clinical Pharmacology, and Toxicology, Faculty of Medicine, University of Belgrade, Serbia
Specialist in Clinical Pharmacology, University Children's Hospital, Belgrade
Member of the WHO Technical Advisory Group on AWaRe (TAG-AWaRe)
Past President of the European Society for Developmental, Perinatal and Pediatric Pharmacology (ESDPPP)



Krishna Prasad Bista (Kathmandu, Nepal)

Senior Consultant Paediatrician
Advisor To NEPAS
Past President NEPAS (2018–2021)
All Nepal Hospital, Kathmandu
Nepal Paediatric Society



Mortada El-Shabrawi (Cairo, Egypt)

MD, FAASLD
Professor of Pediatrics and Pediatric Hepatology at Cairo University, Egypt
Fellow of the American Association of Study of Liver Disease



Xiaoyi Fan (Shenzhen, China)

Full Professor Shenzhen MSU-BIT University, China



Huihua Fang (Shenzhen, China)

PhD

Assistant Professor School of Artificial Intelligence, Shenzhen MSU-BIT University, China



Sahar Idlbi (Damascus, Syria)

MD, MSc PEDIATRICS /Damascus University
Consultant of Paediatric Endocrinology,
Syrian Board / Syrian Ministry of Health
Secretary General of the Syrian Paediatric Society
Paediatric endocrinology and Nutrition consultant in private clinic and hospitals
Nutrition & Growth Diseases
Adviser in UN agencies



Sabina Jafarova (Baku, Azerbaijan)

MD, PhD

Azerbaijan Medical University, Baku



Katarina Milosevic (Belgrade, Serbia)

MD, PhD
Associate Professor, Faculty of Medicine, Belgrade, Serbia
University Children's Hospital, Belgrade, Serbia



Arun Kumar Neopane (Kathmandu, Nepal)

MBBS, MD, FIAP, FRCPCH
President of Nepal Paediatric Society



Oksana Romanova (Minsk, Belarus)

MD, Professor
Head of the Department of Pediatric Infectious Diseases with a Course of
Advanced Training and Professional Retraining, Belarusian State Medical
University



Sergey Sargsyan (Yerevan, Armenia)

MD, PhD
Head of Institute of Child and Adolescent Health at Arabkir Medical Centre —
WHO Collaborative Centre
Associated Professor of Pediatrics of Yerevan State Medical University
Pediatric Adviser (Chief Specialist) of Ministry of Health of Armenia,
President of Armenian Pediatric Society



Bakhtovar Shamsov (Dushanbe, Republic of Tajikistan)

MD, PhD

Director of the Republic scientific and clinical center of pediatrics and child surgery Ministry of Health and social protection of the Republic of Tajikistan



Naveen Thacker (Gandhidham, India)

MD (Pediatrics), FIAP, FRCPCH (Hon.)

Director Deep Children Hospital and Research Center
Executive Director International Pediatric Association



Jelena Vojinovic (Nis, Serbia)

MD, PhD, Professor

Director of Clinic for Pediatrics, University Clinical Center Nis,
Head of Department for Pediatrics,
Faculty of Medicine, University of Nis, Serbia
Member of EULAR Pediatric Rheumatology Committee



Cong Zhang (Shenzhen, China)

Associate Professor Shenzhen MSU-BIT University, China



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